








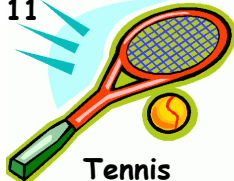


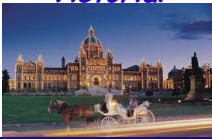























Activities Calendar IH Vancouver: August 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>Whistler! Victoria! Seattle</i>	2  <i>River Rafting</i>	3  New Student Tour	4 Drop in Soccer  Pub Night At Tonic 	5  Paintball	6  Video Games!	7 <i>Whistler! Seattle Tofino! Whale Watch!</i>
8 <i>Seattle</i> 	9  New Student Tour	10  Sea Wall Bike Ride	11  Tennis	12  Vancouver Aquarium	13  Kayaking	14 <i>Whistler! Victoria!</i> 
15 <i>Seattle Whistler! Victoria! River Rafting</i>	16  New Student Tour	17  Visit Playland!	18  School Party 	19  Paintball	20  Free Dance Lesson	21 <i>Whistler! Victoria! Seattle Tofino! Whale Watch!</i>
22 <i>Seattle Whistler! River Rafting</i>	23  New Student Tour	24  Golf!	25 Basketball  Beer's at Ceili's 	26  Volleyball	27  Hawaiian Beach BBQ Day	28 <i>Whistler! Victoria! Seattle Tofino!</i>
29 <i>Seattle Whistler!</i> 	30  New Student Tour	31  Bowling	1  Ultimate Frisbee	2  Lynn Valley	3  Nations Day	4 <i>Whistler! Victoria! Whale Watch!</i> 

Activity	Date	Price	Details
Drop in Soccer	August 4	Free to Play!	Play Soccer for fun with your fellow students and friends. Meet at 4:30PM at Charle-son Park. For directions, speak to the activities coordinator. Join in and signup your name in the activities binder on the table in lunch room.
Pub Night at Tonic	August 4	Free tickets Available	Come with Students and friends for night out at Tonic World Wide Wednesdays. \$3 Beer Pints, \$10 Pitchers, and \$3.75 Hi-Balls. Tonic is located downtown on 919 Gran-ville St. For tickets see the activities coordinator. Only Free Before 10PM No Mi-nors. Must be 19 Years of age or older!
Paintball	August 5, 19	29\$ and bring 2 Zone bus pass	See Activities coordinator for information , registration, and WestTrek Calendar. For more info go to www.westtrek.com
Video Games	August 6	Free to Play!	Games, games, and more games. During the lunch hour and after school we'll have all the video game consoles. Wii sports (tennis, bowling, etc.) Playstation 3 (Fifa Soccer and more) Xbox 360 (Guitar Hero and Rock Band)
Whistler, Victoria, Tofino, Seattle, Rafting, Whale Watch, Skydiving	See WestTrek for Dates	Various Prices —See WestTrek	See Activities coordinator for information , registration, and WestTrek Calendar. For more info go to www.westtrek.com
Sea Wall Bike Ride	August 10	8\$ and bring bus fare	(Weather Permitting) Come for a bicycle ride with us for a gorgeous afternoon at the Stanley Park on the Sea Wall. Meet at front desk 3:30PM. Return time Approximate 6:30 PM. Join in and signup your name in the activities binder on the table in lunch room. (Need a minimum of 10 Students for this good rate, so sign up!)
New Student Tour	August 3, 9, 16, 23, 30	Free	New Students meet at 2:00 PM by the front desk for a tour of Granville island and a scavenger hunt
Tennis	August 11	Free	(Weather Permitting) The Tennis club plays at the Tennis Courts at Granville Loop Park (half way to Granville Island) every Wednesday. Bring a Tennis Racquet and Ten-nis Balls. Meet at the doors in front of the school at 3:20PM. Speak to Lucy, Bloss-om, or the activities coordinator for more information. Join in and signup your name in the activities binder on the table in lunch room.
Vancouver Aquarium	August 12	15\$ and bring bus fare	See Activities coordinator for information , registration, and WestTrek Calendar. For more info go to www.westtrek.com
Ocean Kayaking	August 13	25\$	See Activities coordinator for information , registration, and WestTrek Calendar. For more info go to www.westtrek.com

Activity	Date	Price	Details
Visit Playland	August 17	Tickets 28\$	Meet at front desk at 3:30 PM. Then we will go to Playland (2901 East Hastings Street). Join in and sign up your name in the activities binder on the table in lunch room. (Note: This is the last week before the prices go up when the PNE starts)
School Party	August 18	15\$ and Bus Fare	Meet at school at 7:00PM and join your fellow day time and night time students for a school party. We'll have music, games, and 3\$ beers and high balls for sale. Watch out for more details closer to this date!
Salsa Dance Lesson	August 20	Free	Join us after school 3:30PM in room 201 and 202 for a free hour long lesson on Salsa dance! Join in and sign up your name in the activities binder on the table in lunch room.
Golf	August 24	12 -15 \$ and bring bus fare	Includes Clubs + Entrance fee + ball. Meet at front desk at 3:20 PM and then we will go to Central Park Pitch and Putt Golf course in Burnaby near Patterson Skytrain Station. Join in and sign up your name in the activities binder on the table in lunch room.
Basketball	August 25	Free	Meet at front desk at 3:20PM and we'll walk to False Creek Community Center and Play! Join in and sign up your name in the activities binder on the table in lunch room.
Pub Night at Ceili's	August 25	Tickets 5\$	\$3 Pints, get a Free Drink and Entry before 9:00PM. (Based on Club capacity) See activities coordinator for tickets. No Minors. Must be 19 Years of age or older!
Volleyball	August 26	4.25\$ (Bring bus fare)	The Volleyball club plays every Thursday at Britannia Community Centre at 6:30PM - 10PM for Drop in Volleyball. Speak to Blossom or the activities coordinator for more information. Join in and sign up your name in activities binder on the table in lunch room.
Hawaiian Beach BBQ Day	August 27	Free (bring money for BBQ food)	D block is Beach time! At 2:00 PM we leave the school and head down to Jericho beach to for a fun afternoon in the sun. Make sure to dress for the sun and Hawaiian if you like. We'll have games, beverages and food out on the beach. Bring sunscreen and a towel.
Bowling and Billiards/Pool!	August 31	7.50\$ (2 hours of play student rate) and bring bus fare	Come for an afternoon of Bowling or Billiards/Pool at Commodore Lanes (838 Granville Street) downtown Vancouver. Meet at front desk 3:20PM. Return time Approximate 7:00 PM. Join in and sign up your name in the activities binder on the table in lunch room. (Need a minimum of 5 Students for this good rate, so sign up!)
Ultimate Frisbee	September 1	Free	Meet at front desk at 3:30PM and we'll walk to Charleson Park and a game of Ultimate Frisbee! Join in and sign up your name in the activities binder on the table in lunch room.
Lynn Valley Hike	September 2	Free (Bring bus fare)	(Weather Permitting) Meet at front Desk at 3:15PM. This is scenic hike so bring water and good shoes. Join in and sign up your name in the activities binder on the table in lunch room.
Nations Day!	September 3	Free	Come to school dressed to your culture or your nations colors! Watch out for more details closer to this date!